

16

Run !



Away from the city

And into the sun,

Out to the country,

Run ! Run ! Run !

Run 'neath the trees !

Run little races

With each little breeze !

Run down the hillside,

Run up the lane;

Run through the meadow,

Then run back again !

Run and be merry

Run to the country,

Away ! Away !

EXERCISE

I (a) Answer the following questions:

- (i) What does the poem tell us to do?
- (ii) Write about the places where the poet wants us to run.

(b)

- (i) Do you like to play and run about? Why?
- (ii) Running is a very good exercise. Name any three games that you play in which you have to run.
- (iii) When you run fast, what do you feel is happening to your body?

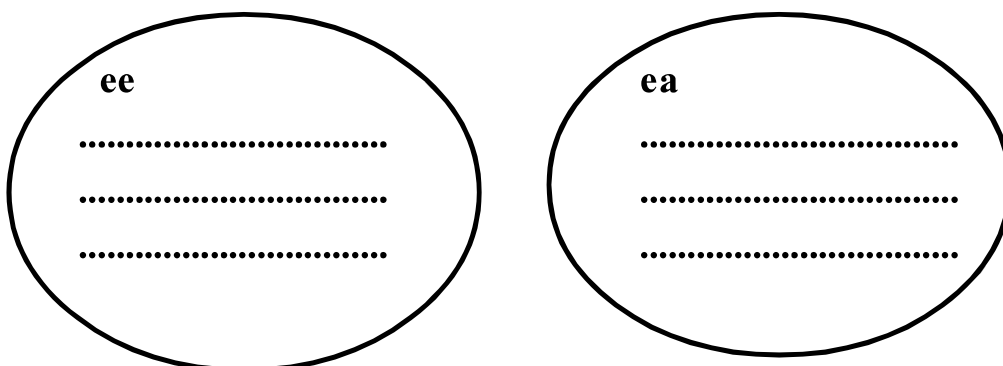
2. Say aloud

beneath	breeze	meet
fear	each	meadow

3. Some letters are missing in each word. Write *ee* or *ea* in each word.

Tr.....s	sl.....p	pl.....se	b.....p
t....se	f.....t	t.....ch	m.....t

Now add more words with *ee* and *ea* and put them inside the bubbles



- 4. (a) Say the words aloud one by one. Follow the instructions and move your body accordingly.**

<u>Shoulders</u>	Move them up and down.
<u>Feet</u>	Walk forward and backward.
<u>Run</u>	Fast and slow.
<u>Hands</u>	Move them left and right.

- (b) Now, jump, hop, march and tiptoe**