

Pre-Content/content Post-Content	Learning Outcome/Objectives	
	General	Specific
<u>Pre-content</u> The students will be asked to Introspect on their sleeping habits. <u>Content</u> The chapter talks about the benefits of sleep and how it exactly helps us mentally and physically. It contains several things that happen to our body while sleeping and also about the dreams that we see while we are asleep. The ever active brain also slows down and does not allow us to think consciously. Reading Vocabulary Comprehension	Students will be able to express their experience of sleep identify their sleep patterns read a lesson fluently with correct pronunciation and expression exhibit improved vocabulary skim and scan the text	Students will be able to • share their experience of sleep • brainstorm about their sleep patterns and dreams • read with correct pronunciation and fluency to display quick and appropriate reading • highlight recognition of words and comprehension • answer the questions based on reading of the text

Home Work /Assignments:

1. Read the lesson, discuss and complete the questionnaire
2. Complete the question –answers in notebook

Teacher's Activity	Students' Activity	Teacher's Observation and Remedial action taken
Teacher will initiate a brainstorming session to Introspect on their sleeping habits elicit responses of what students believe about their sleep habits <u>Building the Bulletin Board</u> explain the activity and share resources to collect data – Annexure 7A introduce the story read the lesson loudly stress on the pronunciation and expression of the new words in the text ask inferential and referential questions from the text	Students will exchange views in their own groups and share with the class <u>Building the Bulletin Board</u> collect data/articles about the importance of sleep and make a bulletin collage board with the data in the given format – Annexure 7a add inputs on the introduction and title read their section silently and extract the key sentences in groups decipher the meaning of the words write answers to questions in note book - Course Book	Teacher will write her observations after completion of topic.

Teaching Aids: active inspire, internet, course book, workbook, worksheet, ICR

Methodology/Innovative Methods: peer interaction, demonstration, elicitation

Interdisciplinary Links: Biology: Develops an understanding in the students about various sleep patterns, its benefits and also its connection to dreams

Art Integrated Education: Create a colourful cover page for the chapter exhibiting their understanding a book cover and creativity

H.O.D

Coordinator

Vice-Principal

Principal

ANNEXURE 7A

Activity Name	Building the Bulletin Board
Grade	VI
Skill	Organizing, Researching, Sorting, Deducing
Time	40 minutes (1 class)
Grouping of students	10 per group
Materials	Soft Boards, colours, cut outs, scissors, papers, glue

Learning Outcomes: The students will be able to-

- build skills required for research based tasks
- increase ability for organization, collaboration and coordination

Teacher's Activity- The teacher will:

- divide the class into groups of ten
- explain the importance of sleep
- share the feedback at the end of the session

Student's Activity: The students will:

- collect data/articles about the importance of sleep
- make a bulletin collage board with the data in the given format

Stages:

- Setting up (forming of groups, giving instructions- guidelines, objectives, rules, time limit): 5 minutes
- Making of Collage: 30 minutes
- Feedback by teacher: 5 minutes



