

LESSON PLAN

TOPIC – Buddhism and Jainism	Sub Topics Introduction Socio Religious Condition during its emergence Life of Lord Buddha and Vardhaman Mahavir Basic Teachings of Buddha and Jainism Impact on Indian Culture Reasons of Popularity
Reference Books	NCERT Ancient India – Jha and Srimali Ancient India- Romila Thapar
Reference Websites	www.ncert.nic.in youtube BBC/Hindi
Supportive Technology	PPT Video Modules.....Audio Modules...
Other Teaching Aids	Map showing Places related to Jainism and Buddhism
PERIOD -1	TIME DURATION- 35 MIN
LEARNING OUTCOME	The Children may understand the circumstances which led to emerge Buddhism and which led to popularize Jainims. They can identify the causes in conventional vedic religion .
Glossary	Nirwana, Middle Path, Stupa,Pitaka, Fatalists ,materialists, Tirthankara, Dhamma,Samanas, Bhikkhus and Bhikkhunis,Theris
Skills To be Developed	Understanding ,Application ,Knowledge and Analytical Skills
Opening of the Session	Duration- 10 Min
Previous Knowledge of the students	Who was Buddha ? what were basic teachings ,Name few rulers who adopted Buddhism?
Beginning of the session	Reasons of Emergence – Demerits of Conventional Vedic Religion ,Ritualistic Vedic Religion ,Brahmanical Dominance ,Expensive Sacrifices ,the caste system,Insistance on Sanskrit ,

Instructional Methodology	PPT, Map Showing different places related to Buddhism and Jainism ,Video modules, Audio modules	
Opening Strategy		
Narrating the Circumstances before emergence of Buddhism	Vedic Religion and its ritualistic features, Expensive sacrifices, supremacy of Priestly Class who dominated the life of man from birth to death. They exercised immense power in royal courts. Caste system became rigid and lower castes deprived of basic rights, Vedic literature was not accessible to common mass as it was in Sanskrit .In nutshell the unrest against the evils that had crept into the vedic religion and society led to the rise of a number of intellectual and holy men.	
Teaching Strategy	Explanation and Discussion with the Children about the Buddhism and Jainism	
Previous Knowledge	Students have the knowledge of Lord Buddha and Lord Mahavira and their teachings although they have less information about the differences of both religious sects	
Explanation of The Topic	Teachings of Buddha - Four noble truths - The Middle path – Eight Fold Path- Middle path avoiding the two extremes neither to indulge in extreme attachment to worldly pleasures ,nor to practice severe self-mortification - Karma Theory- whatever a man sows he reaps. - Nirvana – an ultimate aim of a human, final bliss - Non Violence to all living beings - No faith in Caste system - Emphasis on Character	
Spread and Growth of Buddhism	Simple teachings attracted the people, Simple language of his teachings and use of common language which was Pali ,Attack on the institution of caste ,Leadership of Buddha, Role of Sangha or monastic institution ,Royal patronage ,Buddhist Councils	

Teachings of Mahavira	 a. Ahimsa ..non violence b. No belief on God c. Theory of Karma – the cycle of birth and rebirth is shaped through karma , d. Ascetism and penance required to free oneself from the cycle of karma e. Five Vows – to abstain from killing,stealing and lying ,to observe celibacy ,and to abstain from possessing property.
Recapitulation	. circumstance during emergence Life of Buddha ,Teachings of Buddha and reasons of popularity, Teachings of Lord Mahavira .
Assignments	Effects of Buddhism and jainism How did Siddharth became Buddha Teachings of Buddha attracted many ? why What is Middle Path ? Name the places related with Buddhism ? Why Buddhism became popular? Teachings of Mahavira?

Map Skills

