



STD. III
SUBJECT –EVS
Ls. - 6
Foods We Eat
(Part -3)



Textual question and answer

1. Did all the children in the class eat the same food items yesterday? Why?

Ans. No, because different children in the class belong to different regions.

2. You must have noticed that in there is one child in whose house no food was cooked. What could be the reason.

Ans. There could be many reasons like:

(a) Mother might have gone outside the house.

(b) The children may belong to a poor family.

3. Has it ever happened to you that on some day you were very hungry but there was nothing to eat? If yes, why?

Ans. Yes, one day there was nothing to eat in the house. On that day mother went for some important meeting.

4. How do you know that you are hungry?

Ans. When we feel that the stomach is empty, we know that we are hungry.

5. How do you feel when you are hungry?

Ans. When we are hungry then we feel like eating something.

6. Why was Dadi not able to climb the stairs quickly?

Ans. Dadi was not able to climb the stairs quickly due to her old age.

7. How does Dadi like to have her dal?

Ans. Dadi likes to have sugar in her dal.

8. How many persons in the story can eat bhutta easily and why?

Ans. In the story mother, mami, and Vipul can eat bhutta. Mother, mami and Vipul are young and have strong teeth.

9. Can all old people eat bhutta? Why?

Ans. No, all old people cannot eat bhutta as they do not have strong teeth.

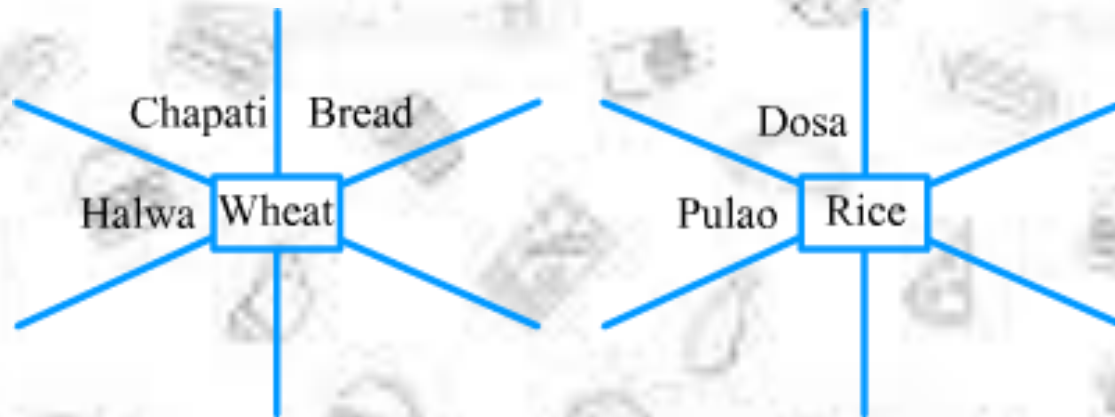
10. For four months Chhutki will have only her mother's milk. That is only her food. Why?

Ans. Four months Chhutki will have only her mother's milk because she had no teeth.

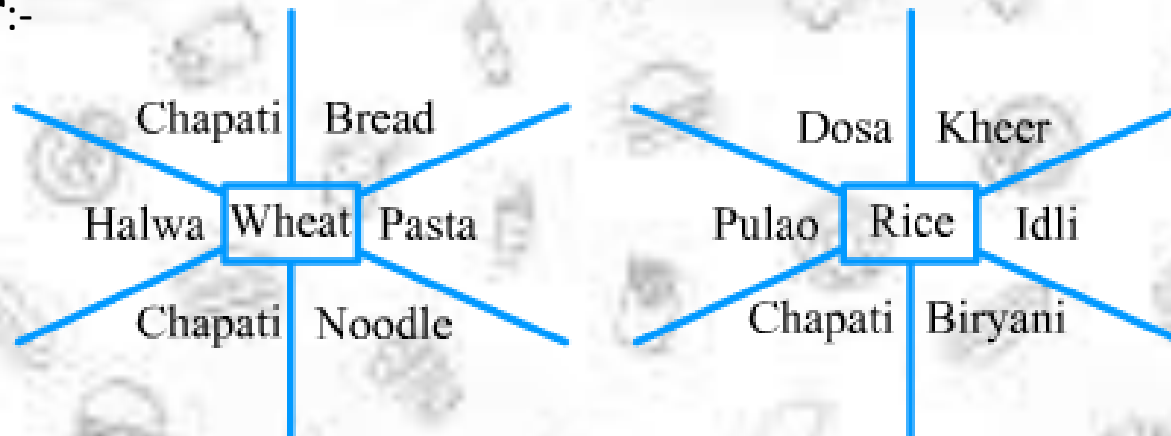
11. Ask your elders and fill in the table.

	What can they eat	What can they not eat
Child	Milk, pulses, porridge	Chappati, hard fruits, nuts
Young	Chappati, vegetables, nuts, fruits	They can eat everything
Old	Chappati, soaked in dal, rice	Hard fruits, dry fruits

Q12. Find out and write what all can be prepared from rice and wheat



Answer:-



13. Write the names of three food items you like to eat and three that you dislike.

Like _____

Dislike _____

Answer:

Disclaimer: Students are advised to prepare the answer on their own.

14. What are the reasons that decide what we eat? Put a '✓' on them.

Add to the list.

- ◆ What is easily available.
- ◆ What we can buy.
- ◆ Customs and traditions.
- ◆ _____
- ◆ _____

Answer:

- ◆ What is easily available. ✓
- ◆ What we can buy. ✓
- ◆ Customs and traditions.
- ◆ What keeps us healthy. ✓
- ◆ The climate we live in. ✓

15. Names of some things are given below. Put a '✓' on the things that can be eaten. If there is anything about which you are not sure ask your teacher.

Banana flower	☐	Hen's eggs	☐	Cauliflower	☐
Drumstick flower	☐	Leaves of Arvi	☐	Meat	☐
Mushroom	☐	Rat	☐	Seeds of onion (Kalonji)	☐
Lotus stem	☐	Fish	☐	Crab	☐
Red ants	☐	Frog	☐	Grass	☐
Leftover chapati	☐	Amla	☐	Coconut oil	☐
Camel's milk	☐	Chapati	☐	Chapati	☐
		made of Bajra		made of gram	

Answer:

Banana flower	☒	Hen's eggs	☒	Cauliflower	☒
Drumstick flower	☒	Leaves of Arvi	☒	Meat	☒
Mushroom	☒	Rat	☐	Seeds of onion (Kalonji)	☒
Lotus stem	☒	Fish	☒	Crab	☒
Red ants	☐	Frog	☐	Grass	☐
Leftover chapati	☒	Amla	☒	Coconut oil	☒
Camel's milk	☒	Chapati	☒	Chapati	☒
		made of Bajra		made of gram	

16. Write the names of some food items that you have never eaten before but feel like eating.

Answer:

Disclaimer: The purpose of this section is to make the students observe their surroundings. The answer may vary from student to student based on his/her experience. It is highly recommended that the students prepare the answer on their own.



Thank You