

SOME ACTIVITIES WHICH TAKE SECONDS TO DO

- Blinking the eyes
- Clapping
- Jumping
- Drawing a small line

SOME ACTIVITIES WHICH TAKE MINUTES TO DO

- Brushing the teeth
- Bathing
- Reading a page
- Drinking a glass of milk

SOME ACTIVITIES WHICH TAKE HOURS TO DO

- Studying in school
- Sleeping at night
- Watching a movie
- Travelling from one city to another

FEW IMPORTANT POINTS

- 1 year = 12 months / 365 Days
- 1 month = 30 OR 31 Days except February
- 1 week = 7 days
- 1 day = 24 hours
- 1 hour = 60 minutes
- 1 minute = 60 seconds

NAME OF THE DAYS

- 1) Monday
- 2) Tuesday
- 3) Wednesday
- 4) Thursday
- 5) Friday
- 6) Saturday
- 7) Sunday

NAME AND NUMBER OF DAYS IN THE MONTHS

S. no.	Name of month	No. of days	S. no.	Name of month	No. of days
1	January	31	7	July	31
2	February	28 or 29	8	August	31
3	March	31	9	September	30
4	April	30	10	October	31
5	May	31	11	November	30
6	June	30	12	December	31