

Experiential Activity- 1

Subject	PSYCHOLOGY
Class	XI
Topic	WHAT IS PSYCHOLOGY?
Sub topic	Usefulness of Psychology as a Discipline
Time	40 minutes
Nature of Activity	Group activity
Skills	Critical thinking, Problem solving

What will we learn (Learning Outcome): Students will be able to

- appreciate the subject as a discipline and analyse its usefulness in everyday life.

What do we have to do?

- Synthesise the significance of knowledge of Psychology for people from different walks of life.

What do we require?

- Text book ,Flash Cards ,A 4 sheets, Chart Paper/Black board, Sketch pens, Scale.

What do we already know?

- The subject matter of Psychology as a discipline and branches of Psychology.

Teacher's Activity

Teacher will

- divide the class into 5 groups
- ask each group to choose two representatives
- ask one representative from each group to pick one flashcard and one A4 sheet.
- instruct students to brainstorm within their respective groups and pen down the significance of study of Psychology for people involved in the jobs indicated on flash cards.
- monitor the time allotted i.e.,15 minutes for this group discussion
- ask both the representatives of all groups to come forward and share their points on chart paper/blackboard. Teacher will also facilitate the students with her inputs and also feedback and inputs from other groups .
- help students to recapitulate the whole activity and further initiate discussion related to other fields of Psychology.

How will we proceed?

Students' Activity: Students will

- choose two representatives from their respective groups.
- utilise 15 minutes provided for brainstorming and one of the representatives will write inputs from group members ,one by one
- share their group inputs with the whole class..
- participate during discussion after each group's presentation and thus add more points too on the chart paper/blackboard

- try to add more points and add more fields of Psychology and their significance during Post Activity recapitulatory discussion .

What have we observed?

How can people from different fields use knowledge of Psychology?

Responses	Group 1 Housewives	Group 2 Doctors	Group 3 Bank officials	Group 4 Lawyers	Group 5 Teachers
1.					
2.					
3.					
4.					

What have we learnt?

- Usefulness of study of Psychology for people in various walks of life. The knowledge acquired from this subject can make a person better in their respective fields.

What are we curious to learn?

- How to use our knowledge for becoming better human beings and play all roles played by us (daughters, sisters, friend, student, etc.) more effectively?

Let us evaluate ourselves.

Q1. How is Psychology useful in the field of Medical Science?

Q2. How can Architects use human Psychology in designing buildings and colonies?

Q3. As a student what would you suggest others regarding usefulness of Psychology for everyone's well being?

Q4. A skilled lawyer needs knowledge of Psychology. Justify this statement.

Q 5. Scientists have made use of music in raising work performance. How?
