

LESSON PLAN FOR THE MONTH OF APRIL

CH 1: WHAT IS PSYCHOLOGY?

CLASS XI

SUB: PSYCHOLOGY

Pre-content/content/post – content	Learning Outcomes	
	General	Specific
Pre-content As Psychology is a new subject for the students only the vague idea about it the students have. (like reading the mind at a glance) Activity to get their views on the subject to follow. Content - the subject matter of ‘Psychology’, its evolution and scientific approach . branches and relation with other disciplines . Post Content (To find out how knowledge of Psychology helps us) - Recapitulatory exercise - class discussion	Students will be able to- - dwell on the potential of the subject, its value in daily life and various career possibilities. - enrich and awaken their curiosity, positive feelings, exploration of self and others, - enhance their interdisciplinary approach with respect to the subject. - appreciate the subject as a discipline	The students will be able to - appreciate the significance of this subject and its scope. and - to analyse ‘Psychology’ in terms of its origin, history, as a discipline, its development in India, its branches, Pure vs. Applied Psychology. - perceive its relation with other disciplines . - analyse how is it useful in everyday life.

H.W./Assignment

- Questions from the subject matter .
- Making of question bank

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Teacher’s Activity	Student’s Activity	Teacher’s observation and remedial
Pre content Based (Activity 1.1) “What do you think Psychology is all about? “ Activity 1.2 (textbook pg. no. 6) One example to be displayed by the teacher first. Activity 1.3 (interdisciplinary links) Annexure 1.3A Post Content Activity 4 (Based on application of the knowledge acquired) “How is the knowledge of Psychology helpful in everyday life”	Activity 1.1 :The students will think about the significance and subject – matter of the subject. They will pen down their ideas and a collage of the collected ideas / views to be made.(displayed on class soft board) Activity 1.2 (textbook pg. no. 6) The students to think about various psychological processes and write down according to their perceptions and observations. They discussed with their partners too. Activity 1.3 Students responses in groups. Expected responses in Annexure 1.3a Activity 4 . The students will come up with a variety of answers. Like how is it useful for students, housewives, businessmen and so on.	This coloumn to be filled in by teacher after completion of chapter

Teaching aids – Textbook, A.I. Board ,chart (displayed in class),newspaper.
Methodology/ Innovative methods– class discussion, examples from daily life experiences to be used (experiential learning) Making of question banks.
Interdisciplinary Links – Psychology’s relationship with other subjects/ disciplines like Media and Advertising, Sports, Defence, Medical Sciences, etc

Vice Principal

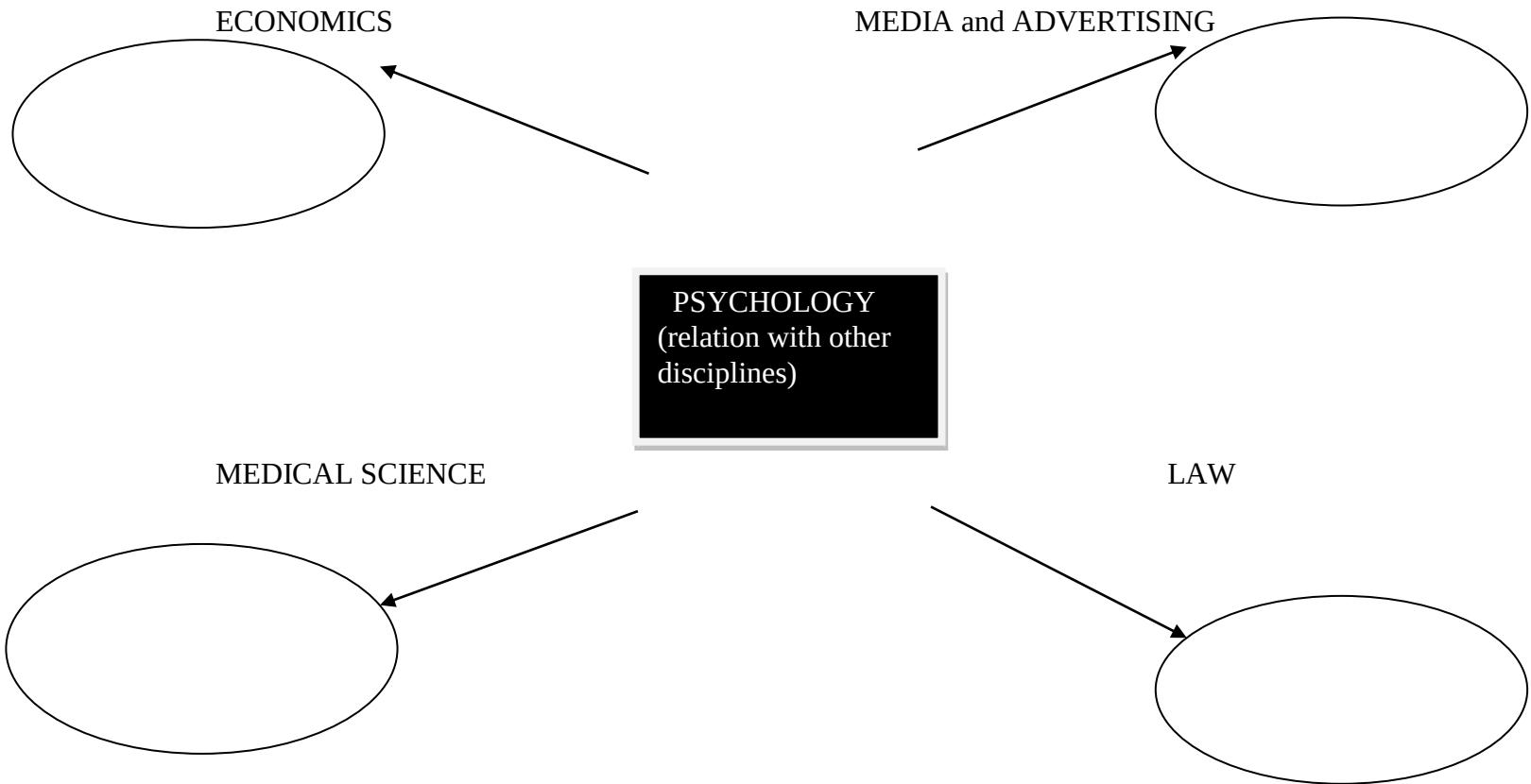
Principal

ANNEXURE 1.3

CHAPTER 1 : WHAT IS PSYCHOLOGY ?

TEACHER ACTIVITY : Annexure 1.3 A

Teacher will provide the following layout which the students will fill up after discussion-



Explanation/Conclusion to be done by the teacher which students participation in the discussion for the same.

STUDENTS' ACTIVITY : Annexure 1.3 a

- During Class Discussion, students will share different points to justify the significance of knowledge of Psychology for people working in different professional fields.
- Brainstorming will take place to fetch maximum number of points under each heading.
- One student will write all these points under appropriate headings.
- Students will participate during recapitulation of the subject matter.

