

ACTIVITY NUMBER- 10 (GAMES WE PLAY)

<u>SUBJECT</u>	EVS
<u>CLASS</u>	IV
<u>CHAPTER</u>	HU TU TU, HU TU TU
<u>TOPIC</u>	IMPORTANCE OF GAMES
<u>TIME</u>	40-45 MINUTES
<u>NATURE OF ACTIVITY</u>	INDIVIDUAL

What will I learn ? (Learning Outcome) To explore the benefits of playing games.

Skills : Remembering, analyzing, evaluating , critical thinking , sports in education

What I have to do ? To find out the importance of playing games.

What do I require ? Flash cards of different games

What do I need to know ? Difference between outdoor and indoor games. Names of few indoor and outdoor games.

➤ **Teacher's Activity:** Teacher will :

- (1) ask students about their favorite games.
- (2) discuss the importance of games for healthy body and mind.
- (3) ask students about the rules and number of participants of few games.
- (4) instruct students to play any outdoor game during their games period under guidance of their sports teacher.
- (5) ask students to play any indoor game of their choice with their friends at home / in school.
- (6) conduct the activity. Teacher will-
 - divide the class in to two groups.
 - show flash cards of different games to the students of each group.
 - ask a student of **group - 1** to tell the name of the game.
 - ask another student of group - 1 to tell whether the game is outdoor / indoor.
 - ask other student of the group - 1 to tell whether game is individual / team.
 - perform the same activity with **group - 2**.

How will I proceed ?

➤ **Students' Activity:** Students will :

- (1) perform the activity.
- (2) identify the names of the games , outdoor/ indoor , individual/ team.
- (3) write number of players of that game.
- (4) mention the name of any one player related to that game.
- (5) draw **tree for outdoor games** and **house for indoor games** in the observation table.

What have I observed ? Students will complete the observation table-

<u>S.No.</u>	<u>NAME OF THE GAME</u> <u>(PICTURE ON THE FLASH CARD)</u>	<u>OUTDOOR/INDOOR GAME</u>	<u>NUMBER OF PLAYERS</u>	<u>TEAM GAME / INDIVIDUAL GAME</u>	<u>NAME OF PERSON ASSOCIATED WITH THE GAME</u>
1.	HOCKEY		11		Dhyan Chand

What have I learnt ? I have learnt that there are two types of games- outdoor games and indoor games.

What am I curious to learn ?

- ❖ All of us pursue various activities during our free time. Let us find out what do we call these activities.

Let me evaluate myself :

Q1) Choose the correct option-

- a) The activity of reading books is _____
 (i) a burden (ii) informative
 (iii) boring (iv) tiring
- b) Games and sports make us _____
 (i) dull (ii) unpatriotic
 (iii) weak (iv) healthy and active
- c) National game of India is _____
 (i) Cricket (ii) Chess
 (iii) Hockey (iv) Lawn Tennis
- d) Games which can be played both individual and team events are _____
 (i) cricket and hockey (ii) badminton and tennis
 (iii) football and volley ball (iv) basketball and chess

Q2) Mention the importance of games and sports.(any 3 points)

Ans)

- (i) _____
 (ii) _____
 (iii) _____

Q3) How do games teach us team work and co-ordination ?

Ans) _____

Q4) Find out following points about "Commonwealth Games"

(i) Where did these games originate ?

(ii) Name some events organised in these games.

(iii) Where was it held last ?

Q5) Why your parents do not allow you to watch television for long hours, rather they encourage you to play outdoor games. Give reasons. (any 2 points)

Ans) (i) _____

(ii) _____