

ACTIVITY NUMBER- 14 (WHAT AM I EATING ?)

<u>SUBJECT</u>	EVS
<u>CLASS</u>	III
<u>CHAPTER</u>	THE STORY OF FOOD
<u>TOPIC</u>	EDIBLE PARTS OF A PLANT
<u>TIME</u>	25-30 MINUTES
<u>NATURE OF ACTIVITY</u>	PAIR ACTIVITY

What will I learn ? (Learning Outcome) To explore parts of the plant where food is stored.

Skills : Understanding , analyzing, evaluating , integrating art

What I have to do ? To find out which parts of the plants are edible.

What do I require ? Different vegetables and fruits available at home (inform one day in advance)

What do I need to know ? Names of the vegetables , fruits and grains

➤ **Teacher's Activity:** Teacher will :

- (1) take students for field visits and show different parts and also vegetables grown there.
- (2) show a video on edible parts of plants.
- (3) discuss edible parts of the plants they eat.
- (4) conduct an activity. Teacher will-
 - ask students to keep all the food items they brought from their home on their desk.
 - guide students to ask the name of the vegetable and the edible part to their partner and vice-versa.
 - ask them to complete the observation table as well.
 - ask them to draw the picture of that vegetable also.

How will I proceed ?

➤ **Students' Activity:** Students will :

- (1) perform the activity in pairs.
- (2) show the vegetable to their partner and ask its name and edible part.
- (3) change their roles after each question. In this way both the participants in the pair will get the chance to answer.
- (4) draw the pictures of the vegetables in the observation table .

What have I observed : Students will complete the table :

<u>S.No.</u>	<u>FOOD ITEM</u>	<u>EDIBLE PART OF THE PLANT</u>	<u>PICTURE OF THE FOOD ITEM</u>
1	PEA	SEED	
2			
3			
4			

What have I learnt ? I have learnt that plants make food for us and store extra food in different parts of the plant. We eat edible stems , roots , leaves , flowers, seeds and fruits of a plant .

What am I curious to learn ? During the winter season, farmers grow mustard plants in the fields. Let us find out which parts of the mustard plant are edible.

Let me evaluate myself :

Q1) Fill in the blanks-

- Plants prepare _____ for us.
- Plants need _____ , _____ and _____ to grow.
- We get food items like _____ , _____ , _____ and _____ from plants.
- The edible part of sugarcane is _____ of the plant.
- Kidney beans is the _____ of the plant.

Q2) Name any three food item which we get from animals.

- Ans) (i) _____
(ii) _____
(iii) _____

Q3) Plants prepare food and store extra food in different parts of the plant. Where do your mother store extra/ leftover food ?

Ans) _____

Q4) Match the following-

COULMN A

- Wheat
- Radish
- Ginger
- Cheese
- Tea

COLUMN B

- Stem
- Milk
- Root
- Leaves
- seed

Q5) Complete the picture given below by using key words given.

