

KENDRIYA VIDYALAYA AFS YELAHANKA BANGALORE
WORKSHEET – E V S
LESSON –THE STORY OF FOOD

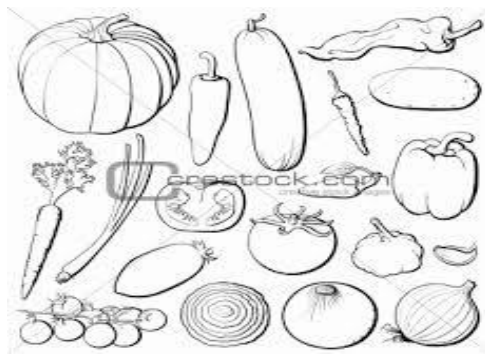
OBJECTIVE –GOOD FOOD HABITS

CLASS - III

NAME -----

1) Why do we eat food?

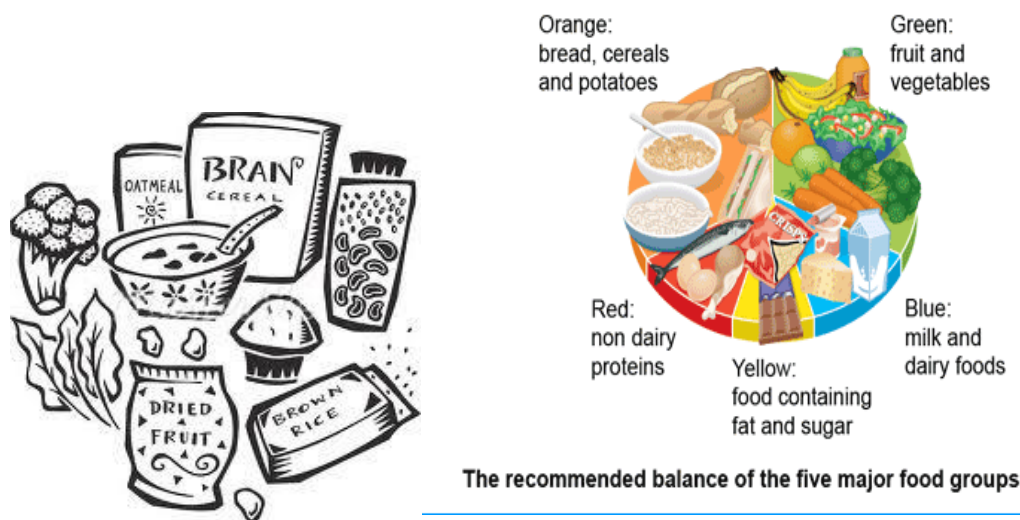
2) Name the vegetables you see here.



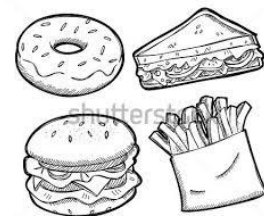


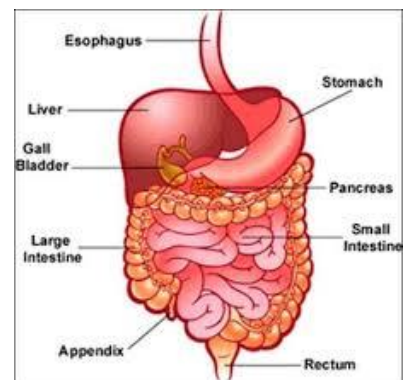
3) Can you tell what are they doing? Do you like to it? Why we should respect our farmers?

3) What is a balance diet? See the picture and write



4) Why we should not eat fast food often?





I am a Digestive System of your
 who am I responsible for
 body and I help in digestion of your food