

ACTIVITY NUMBER -10 (GUESS MY NAME..)

<u>SUBJECT</u>	EVS
<u>CLASS</u>	III
<u>CHAPTER</u>	WHAT IS COOKING
<u>TOPIC</u>	COMMON KITCHEN UTENSILS
<u>TIME</u>	20-25 MINUTES
<u>NATURE OF ACTIVITY</u>	INDIVIDUAL

What will I learn ? (Learning Outcome) To identify various utensils used in Indian kitchen for cooking food.

Skills : Understanding , applying ,analyzing, evaluating ,integrating art

What I have to do? To find out the names of names of utensils used in the kitchen.

What do I require? Knowledge about various utensils and its uses.

What do I need to know? Kitchen set

➤ **Teacher's Activity:** Teacher will :

- (1) show a PPT on common utensils used in Indian kitchen and make students aware about the English and Hindi names of utensils.
- (2) conduct an interactive session on common kitchen utensils and where it is used.
- (3) conduct an activity. Teacher will-
 - show utensils one by one to students.
 - ask them to identify the name of the utensil.
 - ask students to tell that where is it used ?
 - assist them to draw the utensils in their notebooks.
- (4) ask students to observe the utensils used in their kitchen .
- (5) tell students the benefits of pressure cooking.

How will I proceed ?

➤ **Students' Activity:** Students will :

- (1) watch the video on common utensils used in Indian kitchens.
- (2) discuss about different utensils which they have seen in their kitchen.
- (3) identify the utensils shown by the teacher.
- (4) tell the English and Hindi names of those utensils.
- (5) observe utensils in their kitchen for recapitulation.

What have I observed : Students will complete the table :

<u>S No</u>	<u>PICTURE OF THE UTENSIL</u>	<u>NAME IN HINDI</u>	<u>NAME IN ENGLISH</u>	<u>USES</u>
1		कड़ाही	WOK	FOR FRYING FOR COOKING VEGETABLES

2				
3				
4				
5				

What have I learnt ? I have learnt the names of common kitchen utensils and where it is used in cooking.

What am I curious to learn ? Let us find out why are handles of utensils made up of wood or bakelite.

Let me evaluate myself :

Q1) Guess my name -

a) I am used to roll out and flatten dough. Who am I ?

b) I am used to scrap ingredients from the sides of the wok/ pan. Who am I?

c) I help you in cutting and chopping. Who am I ?

d) I have a wire mesh to drain the liquids away. Who am I ?

e) I am the only one in your kitchen who whistles. Who am I ?

Q2) Unscramble the letters to know the names of the materials by which cooking utensils are made.

a) OODW - _____

b) CYAL - _____

c) SEELT - _____

d) LPASTIC - _____

e) LAMEINEM - _____

Q3) Write the names of the food items in the correct columns. Draw and colour them.

banana	brinjal	grapes	potato	orange	lady finger	apple	rice	pumpkin
cucumber	tomato	paneer	coriander leaves					

FOOD EATEN RAW	DRAW AND COLOUR THE PICTURE	FOOD EATEN AFTER COOKING	DRAW AND COLOUR THE PICTURE
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Q4) Name the ways of cooking food.

a) We make chapattis by this method

R			S				G
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b) We cook rice by this method

S				M			G
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c) We cook potatoes by this method

	O		L			G
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d) We cook bread and cakes by this method

B					G
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Q5) Draw a pressure cooker and write down any two benefits of pressure cooking.

Ans) (i) _____
(ii) _____

